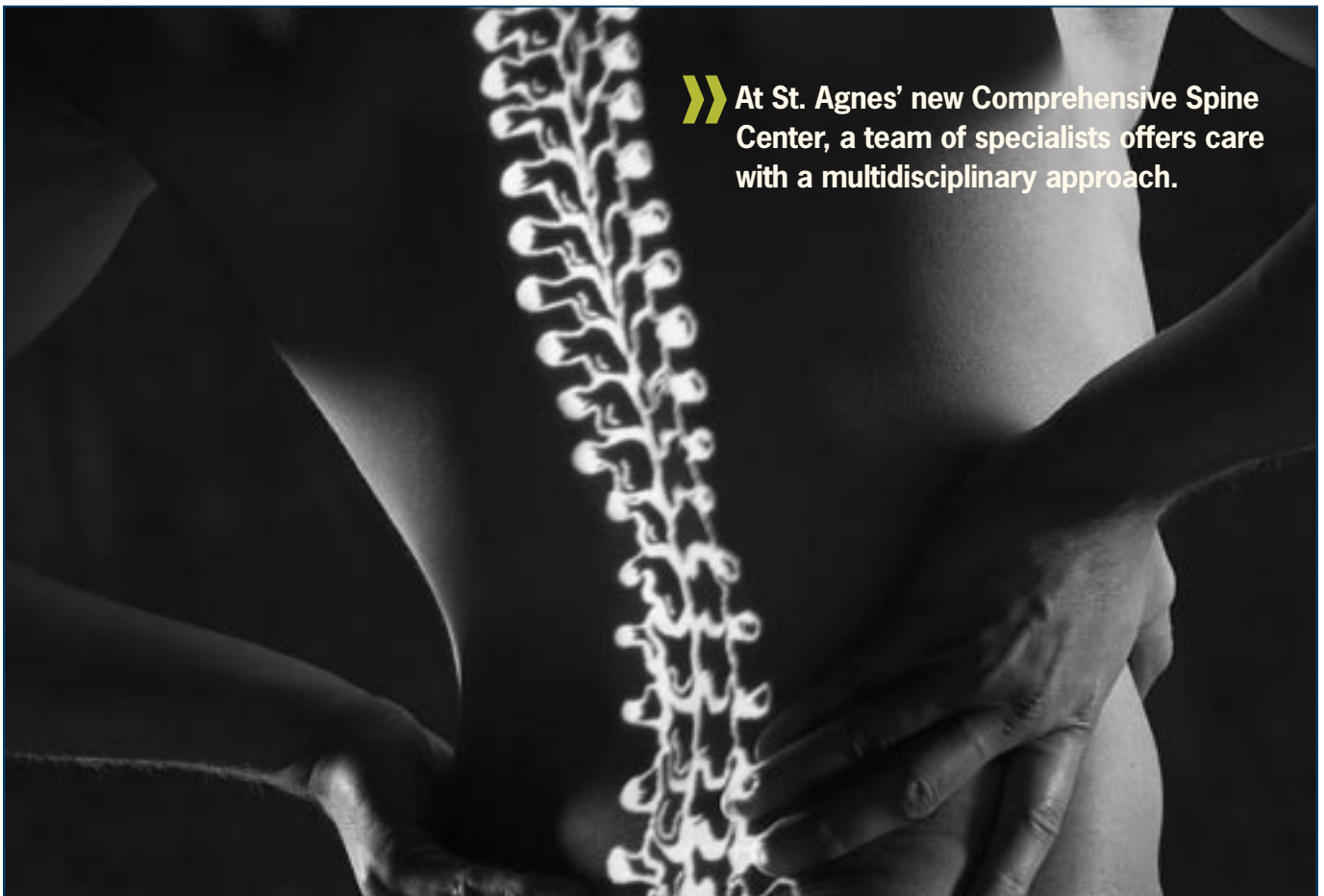


Physician UPDATE

News for St. Agnes HealthCare Medical Staff

AUGUST 2007 | V5N3



» At St. Agnes' new Comprehensive Spine Center, a team of specialists offers care with a multidisciplinary approach.

AMAZING MEDICINE . AMAZING GRACE .

Streamlined, Convenient Service

The new Procedure Service and the skilled intensivists at St. Agnes provide excellent care for patients and convenient service for physicians. For common procedures, such as central lines and percutaneous tracheotomies, call the Procedure Service for fast, quality care for your patients.

4

Expanded Knee Replacement Options

Three St. Agnes Hospital orthopedic surgeons discuss the latest development in joint replacement—the gender-specific knee replacement. The new technology addresses mechanical differences in men and women and is expected to create a more natural fit for a select group of women.

5

Prostate Innovations

St. Agnes Hospital Cancer Center offers three cutting-edge treatments for prostate cancer. TomoTherapy HI-ART, Cesium-131 radioactive seeds, and the SWIFT system are the latest treatments available for prostate cancer, and these along with the expert medical staff make St. Agnes the best place for quality care.

9



Dear Colleagues,

In our 2007 fiscal year, we focused on planning and regulatory approvals for our campus revitalization project. We also worked internally on improving the patient experience at St. Agnes and put all employees through training on how we can provide Amazing Service. The results were staggering. We improved our satisfaction scores by 22 percent. We also have received many letters of commendation for our physicians and staff. One such letter even had a \$5,000 donation attached to it!

We have referred to 2007 as the *Year of the Patient*.

July marks the beginning of a new fiscal year. It also gives us the opportunity to look strategically at our future and how we will position St. Agnes to serve the physicians, associates, and community effectively as we jump into our revitalization project. The next five years will be filled with enthusiasm as our improvements take shape, but they will also strain our facilities—specifically parking—as we address different parts of the campus. When we have completed the project, 85 percent of the campus will have been touched by construction and improvement.

Strategically in 2008, we will also focus on our relationships with our

physicians. The physical changes will help some with delivery of care, but we also want to be certain that we provide excellent service to our physicians every day. We have an extensive plan to make St. Agnes an excellent place in which our physicians can deliver care to their patients. We now refer to 2008 as the *Year of the Physician*. Kelly Morin, the new director of physician relations and marketing, will be leading our efforts along with the rest of the executive staff. We are anxious to deliver Amazing Service to our Amazing physicians.

Sincerely,

Bonnie Phipps
President and CEO

St. Agnes' *Physician Update* is a quarterly publication serving the medical staff of St. Agnes HealthCare. It is a forum for news and information of interest to our doctors. *Physician Update* is published by the hospital's Planning, Marketing, and Business Development Office. Questions or comments should be directed to Danielle Underferth at 410-368-2143. This publication is available online at www.stagnes.org.

ST. AGNES HEALTHCARE

Bonnie Phipps
President and CEO

Adrian E. Long, M.D.
Chief Medical Officer

Carlos Ince Jr., M.D.
Medical Staff President

Diana Griffiths, M.D.
Medical Staff Past-President

Mary Behrens, M.D.
Medical Staff Secretary/Treasurer

Welcome Our New Additions

ST. AGNES HOSPITAL IS PLEASED TO ANNOUNCE A NEW RADIOLOGY GROUP AND A NEW EMERGENCY DEPARTMENT PHYSICIAN GROUP

ST. AGNES HOSPITAL OFFERS STATE-OF-THE-ART health care, delivered by world-class professionals and is pleased to announce additions to the Diagnostic Imaging department.

"We have been very fortunate to hire such outstanding radiologists and feel certain the future of our Diagnostic Imaging department will be a bright one," says Adrian E. Long, M.D., Executive Vice President and Chief Medical Officer for St. Agnes. "Please help us welcome our newest team members to the St. Agnes family."

New ED Physicians

After an extensive and thorough search, St. Agnes welcomes 25 new physicians to the team.

"We are very excited about the exemplary group of Emergency Department physicians who will be joining the St. Agnes family," says Dr. Long. "We look forward to furthering St. Agnes' tradition for excellence in emergency care through the addition of this great group of individuals." 🙌



ST. AGNES RANKED NO. 1 IN STATE FOR TREATMENT OF HEART FAILURE

Recently, the Hospital Quality Alliance reported St. Agnes as first in Maryland and statistically better than the national average in mortality rates for the treatment of heart failure, and second best in Maryland for mortality rates from cardiac arrest. In addition, St. Agnes was one of only 38 hospitals in the nation to score better than the national average for heart failure mortality. The data represents the Medicare patients admitted for a heart attack and heart failure and the number of those patients who died within 30 days of their admission.

We're Building on Something Great

ST. AGNES HOSPITAL HAS BEGUN A \$186 MILLION RENOVATION AND EXPANSION

AFTER YEARS OF PLANNING, MAJOR construction will soon be under way on the campus of St. Agnes Hospital. Before undertaking this expansion project, St. Agnes called upon a select group of physicians, nurses, and support staff to assist in the design. Their input has allowed us to build in creative and innovative concepts such as a decentralized care model and universal room design, which will increase workspace efficiency and the nursing staff's ability to see and monitor patients. Our expanded Cancer Center also will focus on providing a healing environment with patient care areas exposed to natural light.

"These renovations will allow us to meet the needs of the communities and physicians we serve," says Bonnie Phipps, President and CEO of St. Agnes HealthCare. "For more than 145 years, we've provided care for Baltimore residents, and this campus revitalization



project, which will total \$211 million once all phases are complete, is an investment in our community that promises we'll be able to continue providing the highest level of care for generations to come."

Components of the construction project include:

- New patient tower with 120 private rooms
- Main entrance and lobby expansion with space for future development of ambulatory services. A new auxiliary entrance from the Women's Center will be constructed this fall for patient and visitor access to the hospital during construction.

- Reconstruction of the ground floor to improve service delivery to the new and existing patient towers
- Renovation and expansion of the Cancer Center to increase the available treatment space by 40 percent
- Redesign of the patient care units on floors 5 through 7 in the existing patient tower as private rooms
- Construction of a new medical office building with Class A space
- Two parking garages that will accommodate up to 1,200 vehicles and updated exterior roadways and wayfinding

A SHINING LIGHT



Beacon of Hope, the capital campaign for the transformation of the St. Agnes campus, will be coming to St. Agnes patients and communities this fall. Led by Campaign Chair Barbara Bozzuto, the \$25 million campaign will be underwritten by donations from the St. Agnes HealthCare and Foundation boards, physicians, employees, corporations, foundations, and individuals from the community. It is an ambitious initiative that will require the support of a wide array of St. Agnes friends and neighbors.

"The lighthouse that we use as a symbol for our campaign is more than a logo,"

said Foundation President Sherry Welch. "It is indicative of the safety net that St. Agnes offers to the entire Baltimore community. We are a port in the storm for those who need our help, and we know that this project will allow our physicians and staff members to provide their expertise and care to even more patients."

The campaign is slated for completion in 2011, and, to date, St. Agnes has received \$5 million toward its goal. Physical renovation of St. Agnes facilities has already begun.

The physicians' component of the capital campaign will begin in September. Contact the Foundation at 410-368-3155 for additional information.

HeartAware Risk Assessment

ST. AGNES HEALTHCARE AND the Heart Institute at St. Joseph Medical Center are offering a free online risk assessment called HeartAware®. The questionnaire provides a personalized, confidential assessment of a patient's cardiovascular health, along with recommendations on how to reduce the risk of heart disease. Once the assessment is completed, participants

may be directed either to St. Joseph or St. Agnes, depending on where they live, for follow-up screening and specialty care. The online tool can be found at www.stagnes.org.

The two hospitals are collaborating on HeartAware as part of a new strategic health care alliance, Mission Health Partners. Plans for the joint venture include clinical services collaboration,

physician network expansion and support, ambulatory care site development, and community outreach extension targeting underserved communities and at-risk populations.



New Streamlined Process

Enhancing Care for Routine Procedures

MAKING THINGS EASIER FOR PHYSICIANS AND PATIENTS



« Daniel Feinstein, M.D., Director of the Procedure Service at St. Agnes Hospital

T

HE PROCEDURE SERVICE provides physicians a convenient option for the completion of common

procedures, including:

- central lines
- thoracentesis
- hemodialysis catheter
- percutaneous tracheotomies
- lumbar punctures

The formation of the Procedure Service was spearheaded by several skilled intensivists with many years of experience with the full spectrum of procedures offered at St. Agnes.

“Over the years, we’ve developed skills and techniques using state-of-the-art technology to complete procedures on critical patients,” says Daniel Feinstein, M.D., Adult Intensivist and Director of the Procedure Service for St. Agnes. “With the formation

of the Procedure Service, our three attending intensivists will be performing all procedures, so patients and physicians can take advantage of their experience.”

Endless Benefits

The beauty of the Procedure Service is its ease of use and ability to streamline processes for physicians and patients alike, says Dr. Feinstein.

“Before we implemented the service, attending physicians were often asked to complete procedures when they were needed in other areas, such as caring for patients at the bedside or performing other important duties,” he says. “Now, physicians have the option of having a skilled intensivist complete procedures using advanced technology that ensures their patients receive the highest quality of care possible.”

The Procedure Service utilizes ultrasound technology for the placement of lines and other delicate procedures, which will help reduce errors and increase patient comfort.

“Our sterile techniques and advanced technology allow us to achieve low complication rates and decrease the chances of patients developing bloodstream infections,” says Anthony Martinez, M.D., Director of Adult Intensive Care and member of the Procedure Service for St. Agnes. “Our ultimate goal is to perform procedures in the safest way possible that is also the most comfortable for the patient. Through the hard work of the entire team, I believe we achieve our objective each time we fill a procedure order.”

FOR MORE INFORMATION ON THE PROCEDURE SERVICE OR TO MAKE AN ORDER, CALL 410-368-3098.

Enhanced Education

During each procedure, a senior resident physician will assist and observe a Procedure Service intensivist so he or she can continue to learn and practice important line placement procedures.

Need a Procedure?

The Procedure Service is available Monday through Friday, 1 to 4 p.m., for all patient floors, Intermediate Care Units, the Emergency Department, and Coronary Care Units.

You may make procedure orders through one of the following ways:

1. Log on to EMR and fill out a Procedure Service request form.
2. Call 410-368-3098.
3. Print a Procedure Service request form and fax it to 410-368-3529.

Knee Replacement Surgery

NEW TREATMENT OPTIONS FOR WOMEN



THE GENDER-SPECIFIC KNEE

replacement has garnered a lot of attention recently. To help understand

this new development, board-certified orthopedic surgeons on staff at St. Agnes Hospital, John Antoniadis, M.D.; Albert J. Folgueras, M.D.; and Paul Apostolo, M.D., provided their insight.

Why is this an important advance?

Dr. Antoniadis: Previous knee replacements haven't addressed the differences in anatomy between men and women. The female knee replacement implant provides more intraoperative options to accommodate these differences and hopefully provide improved long-term benefits.

How great an impact will the gender-specific knee replacement have?

Dr. Folgueras: It's hard to state its impact right now. No one can say this knee replacement is a revolution based on a two-year follow-up study, and the information from this study is all we have right now. The likelihood that the female knee replacements will fail is essentially zero, but the advantage will only be felt as we see studies of its efficacy in five to 10 years.

What are the limitations to the female knee replacement?

Dr. Apostolo: This new implant addresses certain problems concerning where the kneecap comes into contact with the femur. However, it's not going to change how implants come in contact with the shinbone or how the patient bears weight on the knee or walks.

What other advances are on the horizon for knee replacements?

Dr. Folgueras: There is currently a lot on the table regarding joint implants. Researchers are incorporating electronic chips to make "smart knees." Once these are available, the implant will allow physicians to access an enormous amount of information via PDA. The surgeon simply has to get near the implant to find out how many steps have been walked on the implant, the amount of wear on the implant's surfaces, and if infection is present.

How should physicians discuss this new advance with their patients?

Dr. Antoniadis: Physicians should be careful to explain the pros and cons of any type of joint replacement. It's also important for patients to be aware that their orthopedic surgeon will make the decision based on what is best for the patient, whether that means one of the new knee implants or a traditional implant is used.

What should referring physicians consider most important about the female knee replacement?

Dr. Apostolo: Standard implants have proven themselves millions of times, but for those with certain anatomical characteristics, the new implants will allow for a more natural matching of anatomy. Despite the improvement in this implant, it's not a departure of what has come before. It's built on the success of prior implants. 🦿

Surgeons who provide Gender-Specific Knee Replacement

John Antoniadis, M.D.
3449 Wilkens Ave.
Suite 107
Baltimore, MD 21229

Paul Apostolo, M.D.
3449 Wilkens Ave.
Suite 205
Baltimore, MD 21228

Albert Folgueras, M.D.
413 Commonwealth Ave.
Baltimore, MD 21228

For a referral, call 1-866-690-WELL (9355).

One Center, Comprehensive Services

ST. AGNES HOSPITAL IS PLEASED TO OFFER COMPREHENSIVE SPINAL CARE



AGNES HAS CENTRALIZED a group of specialists adept at administering an array of

services for patients with spinal conditions. Spine surgeons, physiatrists, physical therapists, and pain medicine physicians who participate in the St. Agnes Comprehensive Spine Center collaborate to offer the latest approaches in treating spinal degenerative disease, metastatic tumors of the brain or spine, and lumbar or cervical disc herniations, radiculopathy, or stenosis. Here's a glance at the benefits the new center provides to patients and referring physicians.

Streamlined Access

The Spine Center was founded on the concept of providing convenient access to a multidisciplinary team and a variety of diagnostic and treatment modalities for patients to ease the scheduling burdens for patients.

"With one phone call, a physician can refer his or her patient to the Spine Center," says Henry Shuey, M.D., Chief of Neurosurgery at St. Agnes. "Then, our associates

will coordinate any necessary consultations with specialists and facilitate the communication between the referring physician and our team of specialists."

Thorough Screening

The center capitalizes on the experience of a team of physiatrists, surgeons, chiropractors, acupuncturists, and rheumatologists in administering a detailed evaluation process to ensure that patients receive the most conservative treatment effective at increasing their quality of life. This allows referring physicians to take confidence in a responsible screening process that enhances patient outcomes.

"We offer a range of surgical and nonsurgical interventions and have the expertise to get every patient to the appropriate level of care at the appropriate time," says Brian Iuliano, M.D., attending neurosurgeon at St. Agnes. "Because all of our associates are spine specialists, we're able to provide the highest quality standards for all aspects of spine care."

Advanced Procedures

Minimally invasive surgical techniques and surgeries performed without spinal fusion at the Spine

An All-Encompassing Approach to Pain Management

The pain management physicians at the St. Agnes Hospital Comprehensive Spine Center collaborate with a variety of specialists to give patients the best possible chance of putting intractable pain in the past.

The certified pain management specialists at St. Agnes consider the patient's medical status, musculoskeletal health, functional needs (such as maintaining independence), mental health, spiritual resources, and nutritional status, and then help the patient understand underlying conditions that contribute to his or her intractable spinal pain.

Additionally, these physicians utilize a variety of diagnostic and interventional tools, such as:

- spinal cord stimulation trials
- diagnostic-specific nerve/ facet blocks
- osteopathic spinal manipulation
- mechanical decompression of a lumbar facet with the DRX9000

"We can provide patients with a variety of strategically applied interventions in combinations of medicinal and physical medicine modalities," says Francisco Ward, D.O., Chief of Physical Medicine & Rehabilitation at St. Agnes. "Additionally, we tailor treatment combinations to patients' changing conditions for optimal outcomes."

For more information about pain management services at St. Agnes, call 410-644-8100.

Center achieve a greater degree of correction while minimizing trauma to surrounding tissue. As a result, patients have increased mobility and decreased pain, scarring, complication risks, and lengths of stay following surgery.

“We’ve invested considerable time and resources into providing less-invasive and motion-preserving surgical techniques,” says Raymond Haroun, M.D., spine and neurosurgeon at St. Agnes. “The results of these approaches are amazing—patients have decreased risks of complications and are able to speed through recovery.”

FOR MORE INFORMATION ABOUT THE SERVICES AVAILABLE FOR YOUR PATIENTS THROUGH THE ST. AGNES HOSPITAL SPINE CENTER, CALL 1-866-690-WELL (9355).

A New Weapon against Back and Leg Pain

An innovative procedure available at Orthopedic Associates of Central Maryland offers considerable, immediate benefits for patients with intractable spinal and radicular pain.

Extreme Lateral Interbody Fusion (XLIF) provides an advanced approach to spinal surgery that allows the surgeon to access the spine from the side of the body, avoiding disruption to the back and paraspinal muscles and minimizing trauma to surrounding tissues.

XLIF is a viable alternative to traditional lumbar fusion for several pathologies, including:

- degenerative disc disease with instability
- adjacent level syndrome (problems at level adjacent to previous fusion)
- degenerative spondylolisthesis (slip of one vertebra over another)
- posterior pseudarthrosis (failure to fuse after previous fusion surgery)

“XLIF not only reduces post-operative pain but may make rehabilitative therapy easier for the patient,” says Oren Blam, M.D., orthopedic and spine surgeon with privileges at the St. Agnes Comprehensive Spine Center, “the procedure also provides direct cost savings for the health care system by reducing time and physical resources consumed during surgery, as well as for post-operative care.”

Spine Center | For a referral, call 866-690-WELL (9355). Meet our physicians:



Spiro Antoniadis, M.D.
3449 Wilkens Ave.
Suite 107
Baltimore, MD 21229
Neurosurgery



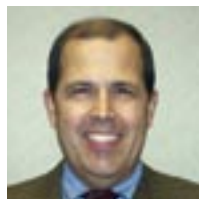
Brian Iuliano, M.D.
3421 Benson Ave.
Suite 210
Baltimore, MD 21227
Neurosurgery



Cornell Shelton, M.D.
900 Caton Ave.
Baltimore, MD 21229
Physical Medicine
& Rehab Psychiatry



Oren Blam, M.D.
3421 Benson Ave.
Suite 100
Baltimore, MD 21227
Orthopedic
Spine Surgery



Henry Shuey, M.D.
1001 Pine Heights Ave.
Suite 304
Baltimore, MD 21229
Neurosurgery



Francisco Ward, D.O.,
ABPMR, SCPM
Seton Pain Rehab Center
3350 Wilkens Ave., Suite 101
Baltimore, MD 21229
Physical Medicine
& Rehab Psychiatry



Raymond Haroun, M.D.
3449 Wilkens Ave.
Suite 100
Baltimore, MD 21229
Neurosurgery



Hiroshi Nakazawa, M.D.
700 Geipe Road
Suite 204
Catonsville, MD 21228
Acupuncture



Charles Winters, M.D.
19 Fontana Lane
Suite 206
Rosedale, MD 21237
Neurosurgery

St. Agnes Sports Medicine Hour



PHYSICAL ACTIVITY IS AN important part of a healthy lifestyle, but sports and exercise also can result in injury and excessive wear and tear on the body.

In order to help patients understand sports injuries,

ESPN radio AM 1300 is hosting the St. Agnes Sports Medicine Hour, Sundays from 9 to 10 a.m., through October. Orthopedic surgeon Albert Folgueras, M.D., will keep listeners updated and take calls on what's happening in

the world of sports injuries and cutting-edge sports medicine procedures and therapies. 📞

FOR MORE INFORMATION, VISIT WWW.ESPN1300.COM.

Excellence in Respiratory Care

ST. AGNES HOSPITAL HAS received the Quality Respiratory Care Recognition from the American Association of Respiratory Care (AARC) for its excellence in meeting strict safety and quality standards.

“St. Agnes has maintained this high level of distinction for five years,” says Tracy Holden, M.B.A., R.R.T., Administrative Director for Pulmonary Medicine at St. Agnes. “We’re dedicated to understanding and providing for the respiratory needs of patients to ensure they receive the highest level of quality care.”

Requirements for the designation by the AARC include:

- All respiratory therapists on staff must be legally recognized by the state as competent to provide care or hold the C.R.T. or R.R.T. credential.
- Respiratory care must be available 24 hours a day.
- Personnel qualified to perform specific respiratory procedures and the amount of supervision required to carry out these procedures is designated in writing.
- A doctor of medicine or osteopathy is designated as medical director of Respiratory Care Services. 📞

TO SCHEDULE A PATIENT FOR A PROCEDURE, CALL 410-368-3426.



Bariatric Seminars Expanding

to St. Joseph Medical Center



ANDREW AVERBACH, M.D.,

Director of the St. Agnes Hospital Bariatric Center of Excellence, will host regular seminars at St. Joseph Medical Center on surgical weight loss options. The seminar, titled “Weight Loss Surgery: Is It Right For You?” will be held on the third Monday of each month from 7 to 9 p.m., beginning in September.

Obesity and morbid obesity are strongly linked to a host of co-morbidities, including diabetes and heart disease. St. Agnes offers both the LAP-BAND and Roux-en-Y procedures for surgical weight loss. 📞

PATIENTS CAN REGISTER FOR THE SEMINAR BY CALLING TOLL-FREE 866-690-WELL (9355).

A Trio of Prostate Innovations

THREE CUTTING-EDGE TREATMENTS FOR PROSTATE CANCER MAKE ST. AGNES HOSPITAL CANCER CENTER A BETTER CHOICE FOR CANCER PATIENTS



Richard Hudes, M.D., Chief of Radiation Oncology at St. Agnes Hospital



AGNES HOSPITAL CANCER CENTER was the first on the East Coast

to offer the TomoTherapy™ highly integrated adaptive radiotherapy treatment (HI-ART) system. Combining intensity modulated radiation therapy (IMRT) with the accuracy of scanning for targeting, TomoTherapy HI-ART delivers precise radiation to hard-to-reach tumors.

Permanent radioactive seed implant therapy of the prostate gland is a common, nonsurgical procedure, but St. Agnes Hospital Cancer Center is the first Maryland community hospital to use Cesium-131 radioactive seeds. This represents the first major advancement in radioactive seed

technology in more than a decade.

With a short half-life of 9.7 days, compared to 17 days for Palladium-103 and 60 days

for Iodine-125, Cesium-131 seeds deliver their concentrated dose more quickly. This may limit side effects to weeks instead of months and can allow the prostate specific antigen (PSA) to be checked sooner for patients not receiving luteinizing hormone releasing hormone (LHRH) agonist therapy.

Implementing the SWIFT™ system, a dedicated planning system for use with temporary high-dose rate (HDR) brachytherapy, is another first for St. Agnes Hospital Cancer Center. The SWIFT system displays both two- and three-dimensional volumes for planning the prostate treatment and real-

time visualization of the needle placement. Perhaps the greatest benefit is that planning can be done immediately after the procedure so the patient gets treated more quickly, and the transperineal needles can be removed sooner.

“Making the very latest treatment options, as well as clinical trials, available to patients is expected at our cancer center,” says Richard S. Hudes, M.D., Chief of Radiation Oncology at St. Agnes Hospital Cancer Center. “Physicians and patients should know our state-of-the-art cancer center is not only as good as any other, it is often better.”

Taking Oncology Resources to the Next Level



Kevin LaMartina, the American Cancer Society Level IV Navigator at St. Agnes Hospital Cancer Center, is a cancer patient's connection

to a complex process. An expert on ACS resources from his experience inside the organization, LaMartina has

molded his role to meet the needs of St. Agnes patients.

“We want to be able to assist our patients in every way possible through medical treatment, information, resources, and support,” says Mary Austin, R.N., B.S.A., M.A., Administrative Director for Cancer Services at St. Agnes Hospital Cancer Center. “Kevin provides an enhanced level of assistance for our patients, their families, and caretakers.”



It is a natural fit, which complements current resources provided by physicians, nurses, and disease-specific personal care coordinators, and other clinical staff. LaMartina sees 30 to 40 patients per week as part of the treatment team.

To contact Kevin LaMartina, ACS Patient Navigator, call 410-368-2115.

New Physician's Group Joins St. Agnes HealthCare

ST. AGNES HOSPITAL RECENTLY welcomed Maryland Family Care, a seven-member practice of internal medicine physicians. Physician members of the group include: Ken Williams, M.D.; Bill Cook, M.D.; Greg Levickas, M.D.; Tom Ghorzi, M.D.; George Durst, M.D.; Enzo Grippo, M.D.; and Nana Ceasar, M.D.

Maryland Family Care has made continuing contributions to the teaching program at St. Agnes, and four of the group's members, Drs. Williams, Durst, Grippo,

and Ceasar, completed their residencies at the hospital. In addition, Dr. Williams, who heads the group, served as President of the medical staff from 2002 to 2004. 🌟

THE PRACTICE WILL RETAIN ITS TWO OFFICE LOCATIONS AT 1120 N. ROLLING ROAD IN CATONSVILLE AND 2801 FOSTER AVENUE IN BALTIMORE. THE GROUP FORMALLY TRANSITIONED FROM AN AFFILIATION WITH MERCY MEDICAL CENTER TO ST. AGNES HEALTHCARE ON JULY 1.

3 Steps to Admission

THANKS TO THE NEW DIRECT ADMISSION PROGRAM, ADMITTING PATIENTS TO ST. AGNES HOSPITAL IS NOW EASIER THAN EVER BEFORE

IF YOU'RE AT HOME or in the office and need to admit a patient to St. Agnes Hospital, you can accomplish this with just a few simple steps.

1. Call the Patient Flow Coordinator nurse at 410-368-2814. Provide the nurse with a brief history and diagnosis of the patient, and then give her the telephone orders to begin the admissions process.
2. Have your patient go straight to the registration desk to complete the necessary paperwork.
3. After arrival, the patient will be taken for imaging studies or directly to his or her room for laboratory work. 🌟

THE DIRECT ADMISSION PROGRAM IS AVAILABLE TO ALL PHYSICIANS MONDAY THROUGH FRIDAY FROM 9 A.M. TO 6 P.M. CALL THE PATIENT FLOW COORDINATOR AT 410-368-2814 FOR MORE INFORMATION.

New Physicians List

To access a member of the St. Agnes Hospital medical staff, please call 866-690-WELL (9355), or visit www.stagnes.org. The following physicians are new to our medical staff.

Rasheed A. Abassi, M.D.
Internal Medicine
900 Caton Ave., Box 06
Baltimore, MD 21229

Heidi Abdelhady, M.D.
Pulmonary, Sleep and Critical Care Medicine
900 Caton Ave., Box 198
Baltimore, MD 21229

Peter J. Ahn, M.D.
Diagnostic Imaging
900 Caton Ave., Box 234
Baltimore, MD 21229

Salman Ashruf, M.D.
Plastic Surgery
518 South Camp Meade Rd.,
Suite 4
Linthicum, MD 21090

Claudia M. Beck, M.D.
Pediatrics
9011 Chevrolet Drive, Suite 7-8
Ellicott City, MD 21042

George E. Linhardt, M.D.
General Surgery
Kaiser Permanente,
7174 Security Blvd.
Baltimore, MD 21244

Cornell J. Shelton, M.D.
Medical Director
Rehabilitation Services
and Pain Management,
Physical Medicine
and Rehabilitation
900 Caton Ave.
Baltimore, MD 21229

Rachelle A. Smith, M.D.
Internal Medicine
BMS at St. Agnes
900 Caton Ave.
Baltimore, MD 21229

Christine O. Vergara, M.D.
Gynecology
The Gynecology Center
227 St. Paul Place, 6th floor
Baltimore, MD 21202

Continuing Medical Education Form

CME: Read assigned article on pages 6 and 7, and then complete this form.

1. Specialists who treat spine problems include:

- a. spine surgeons
- b. physiatrists
- c. pain medicine physicians
- d. all of the above

2. Which of the following conditions are treated at the Spine Center?

- a. radiculopathy, stenosis
- b. metastatic tumors of the brain or spine
- c. spinal degenerative disease, lumbar or cervical disc herniations
- d. all of the above

3. What type of procedure allows for increased mobility and decreased pain, scarring, complication risks, and lengths of stay following surgery?

- a. spinal fusion
- b. physiotherapy
- c. minimally invasive surgery
- d. none of the above

4. A detailed evaluation process ensures patients receive _____.

- a. the most high-tech approach to treatment
- b. the most conservative and effective treatment option
- c. the least painful treatment option
- d. the most affordable option for that patient

5. Pain management options for spinal conditions include which of the following?

- a. diagnostic-specific nerve/facet blocks
- b. osteopathic spinal manipulation
- c. mechanical decompression of a lumbar facet with the DRX9000
- d. all of the above

6. Pain management treatment can do which of the following?

- a. effectively eliminate pain in 95 percent patients
- b. be tailored to a patient's changing condition and needs
- c. both a and b
- d. neither a or b

7. Which of the following procedures is known to have fewer complications and a lower mortality rate?

- a. Extreme Lateral Interbody Fusion (XLIF)
- b. spinal fusion
- c. osteopathic spinal manipulation
- d. mechanical decompression of a lumbar facet with DRX9000

8. The XLIF procedure allows surgeons to avoid disruption to the back and para-spinal muscles and minimize trauma to surrounding tissues by _____.

- a. using minimally invasive techniques
- b. using CyberKnife technology
- c. accessing the spine from the side of the body
- d. implementing the latest pain management techniques

9. XLIF is an alternative procedure for which of the following?

- a. degenerative disc disease with instability
- b. degenerative spondylolisthesis (slip of one vertebra over another)
- c. posterior pseudarthrosis
- d. all of the above

10. XLIF can be done instead of _____.

- a. increasing pain management meds and physical therapy
- b. cryotherapy
- c. traditional lumbar fusion
- d. none of the above

SELF-ASSESSMENT QUESTIONS

ACTIVITY EVALUATION

Answers for this section are:

- a. knew/know very well
- b. knew/know nothing

1. What was your level of understanding of this topic prior to reading the articles?

2. What is your level of understanding now?

Answers for this section are:

- a. strongly agree
- b. agree
- c. neutral
- d. disagree
- e. strongly disagree

3. The material presented was appropriate in its level of difficulty?

4. The material will be useful in your practice?

5. The material will improve your clinical skills?

REGISTRATION/ANSWER FORM

To receive one half-hour of AMA cat 1, AAFP prescribed, or AOA CME credit, read the indicated articles and mark your responses on this form. You must complete all questions to receive credit. Then return this form in the envelope enclosed in this publication. A certificate awarding you CME credit will be sent to you by mail. This CME evaluation form must be postmarked by Sept. 15, 2007. Please allow up to four weeks for your certification to arrive.

Please print.

First Name MI Last Name

Street Address

City State ZIP code

Area Code Telephone Number

ID#

Medical Specialty

Are you new to our CME program? yes no

Statement of Completion: I attest to having completed the CME activity.

Signature Date

Marking Instructions Correct: ● Incorrect: ☒ ☓ ☉ ☪

TEST	A	B	C	D	E	Activity Evaluation	A	B	C	D	E
1.	○	○	○	○	○	1.	○	○	○	○	○
2.	○	○	○	○	○	2.	○	○	○	○	○
3.	○	○	○	○	○	3.	○	○	○	○	○
4.	○	○	○	○	○	4.	○	○	○	○	○
5.	○	○	○	○	○	5.	○	○	○	○	○
6.	○	○	○	○	○						
7.	○	○	○	○	○						
8.	○	○	○	○	○						
9.	○	○	○	○	○						
10.	○	○	○	○	○						

Comments/suggestions for topics: _____

Questions? Call 410-368-2143.

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME). St. Agnes HealthCare, Inc. is accredited by MedChi, the Maryland State Medical Society to sponsor continuing medical educational for physicians.

St. Agnes HealthCare, Inc. designates this educational activity for a maximum of .5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

CALENDAR OF EVENTS

GENERAL MEDICAL STAFF MEETINGS

Sept. 12, 2007 | Nov. 15, 2007 | Noon to 2 p.m.

Alagia Auditorium
Lunch Served

MEDICINE Grand Rounds

Every Thursday | 8 a.m.
Alagia Auditorium
Call 410-368-3120 to confirm date, time, and location.

OB/GYN Business Meetings

First Wednesday | Noon
Alagia Auditorium

Grand Rounds

Fourth and fifth Wednesday | time TBD
Alagia

Morbidity & Mortality

Second Wednesday | 7:30 a.m.
Alagia Auditorium
Call 410-368-2626 to confirm times, dates, and locations.

PEDIATRICS Grand Rounds

Every Friday | 8:30 a.m.
Pediatric Conference Room (5AB)

SURGERY Business Meeting

First Friday | 7:30 a.m.
Alagia Auditorium

Grand Rounds

Every Friday except the first | 7:30 a.m.
Alagia Auditorium

Morbidity & Mortality

Every Friday | 8:30 a.m.
Alagia Auditorium

TUMOR BOARDS Breast

Every Thursday | 11 a.m.
3rd floor tower conference room

General

Fourth Thursday | 4 p.m.
7th floor tower conference room

GI/Colorectal

First, third, and fifth Wednesday | 4 p.m.
7th floor tower conference room

Gynecology

Third Wednesday | Noon
Alagia Auditorium

Head & Neck

Third Wednesday | 7:30 a.m.
Cancer Center conference room

Lymphoma

First and third Wednesday | Noon
6th floor tower conference room

OB/GYN

Third Wednesday | Noon
Alagia Auditorium

Thoracic

First, second, third, and fifth
Thursday | 4 p.m.
7th floor conference room



900 Caton Ave.
Baltimore, MD 21229
410-368-6000

NONPROFIT
ORGANIZATION
U.S. Postage
PAID
Baltimore, MD
Permit No. 4740